

**Armadale Masters Swimming**

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**Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Male 40-45 1500 Free**

34:31.17	Paul Evans at Armadale Aerobics 2008	23/03/2008	WAM
30:47.60 **	Colin Gibson at Armadale Aerobics 2012	30/10/2012	WAM