

Armadale Masters Swimming**Individual Records Report for Armadale-L**

Armadale Masters Swimming [WAM] Coach: Heather Croft

Female 30-34 200 Free

3:00.00	Vacant	1/02/2016	WAM
2:52.39 **	Rowena Burch at Armadale Club Championships 1 2016	9/02/2016	WAM

Female 35-39 50 Free

46.21	Heather Jeps at Maida Vale - Belmont BACC 2010	22/08/2010	WAM
42.45 **	Vanessa Toop at Armadale Club Championships 1 2016	9/02/2016	WAM

Female 35-39 200 Back

5:00.00	Vacant	1/02/2016	WAM
4:07.17 **	Vanessa Toop at Armadale Club Championships 1 2016	9/02/2016	WAM

Female 45-49 50 Free

1:00.00	Vacant	1/02/2016	WAM
38.40 **	Gillian Caruso at Armadale Club Championships 1 2016	9/02/2016	WAM

Female 45-49 200 Breast

5:00.00	Vacant	1/02/2016	WAM
4:21.89 **	Gillian Caruso at Armadale Club Championships 1 2016	9/02/2016	WAM

Female 60-64 200 Free

3:48.88	Liz Dunn at Newman Churchlands BACC 2010	31/01/2010	WAM
3:38.14 **	Linda Cragg at Armadale Club Championships 1 2016	9/02/2016	WAM

Male 18-24 200 Free

4:00.00	Vacant	1/02/2016	WAM
3:37.66 **	Xavier Hardy at Armadale Club Championships 1 2016	9/02/2016	WAM

Male 18-24 50 Breast

1:00.00	Vacant	1/02/2016	WAM
50.85 **	Xavier Hardy at Armadale Club Championships 1 2016	9/02/2016	WAM

Male 60-64 50 Back

45.00	Graham Hicks at Masters Swimming WA State Championships	24/05/2014	WAM
44.87 **	Graham Cragg at Armadale Club Championships 1 2016	9/02/2016	WAM

Male 60-64 200 Breast

3:34.96	Graham Cragg at Armadale Club Championships 8 2015	7/11/2015	WAM
3:26.84 **	Graham Cragg at Armadale Club Championships 1 2016	9/02/2016	WAM