

Armadale Masters Swimming**Individual Records Report for Armadale-L**

Armadale Masters Swimming [WAM] Coach: Heather Croft

Female 35-39 100 Back

2:00.00	Vacant	1/04/2016	WAM
1:50.36 **	Vanessa Toop at Westcoast Masters LLCC 2016	1/05/2016	WAM

Female 35-39 100 Breast

2:30.00	Vacant	1/04/2016	WAM
2:03.61 **	Vanessa Toop at Westcoast Masters LLCC 2016	1/05/2016	WAM

Female 45-49 50 Breast

54.84	Gillian Caruso at Armadale Club Championships 8 2015	7/11/2015	WAM
51.82 **	Heather Jeps at Westcoast Masters LLCC 2016	1/05/2016	WAM

Female 45-49 50 Fly

42.76	Gillian Caruso at Melville Live Lighter Club Challenge 2015	3/05/2015	WAM
41.95 **	Gillian Caruso at Westcoast Masters LLCC 2016	1/05/2016	WAM