

Armadale Masters Swimming**Individual Meet Results - Personal Bests Only****Armadale Club Championships 9 2016 22-Oct-16 [Ageup: 31/12/2016] LC Meters****Location: Armadale Aquatic Centre****Armadale Masters Swimming [WAM] Coach: Heather Croft**

Time	F/P/S	Event	Place	Points	Improv
Bishop, Derek (53) M 3:53.17L	F # 4	Mixed 200 IM	---	5	-9.14
Burch, Rowena (32) F 38.43L	F # 8	Mixed 50 Fly	---	4	-0.42
Caruso, Gillian (48) F 4:14.21L	F # 3	Mixed 200 Breast	---	5	-7.68
Cragg, Linda (60) F 1:05.27L	F # 6	Mixed 50 Back	---	4	-1.01
Gibson, Colin (49) M 1:01.87L	F # 7	Mixed 50 Breast	---	5	-1.43
Pearson, Pamela (66) F 4:32.71L	F # 1	Mixed 200 Free	---	5	-11.78