



Armadale Masters Swimming Club



Club Championships Round 8 2013

15 swimmers rolled up for this round with up to 15 points to be gained. I knew it was going to be a good day as several swimmers were warming up when I arrived at the pool. I even noticed our head coach warming up and sporting some new bathers. Again it was great to see so many PB's and club records swum, and also to see many swimmers now having a shot at the butterfly and individual medley events. I had been wondering when the 10 or so PB's we have all been achieving every round over the past few months was going to drop off – I should not have been concerned as we had a total of 17 PB's from 10 swimmers this week which is just incredible. Quite a bit to report this round so will list everyone's efforts individually.

Stanley:

Just watching Stanley swim gives me hope for many years to come with my swimming. He was looking quick and smooth as always but this week quite a bit of white water could be seen coming from his feet during his freestyle as his now kicking like I have never seen him kick before - so all the kicking we have been doing in training with Fettes lately is paying off for Stan. Stan swum a PB in all 3 events starting with the 50m butterfly, then the 100 individual medley and after swimming those 2 tough events swum a 3rd PB in the 25m freestyle. Well done Stan it was great to watch.

Gillian:

Under some pressure from one of the coaches to set some more club records, Gillian went out and set a record in all 3 of her events - the 50m breaststroke, 100m freestyle and 25m backstroke.

Nigel:

Keen as ever Nigel Swum a PB in the 100m breaststroke and just lowering his previous best time by 9 hundredths of a second

Charles:

Charles came away with 13 points on the day; swum 3 PB's and lowered his existing club record in the 100m breaststroke. His PB's were in the 50m freestyle, 100m breaststroke and 25m backstroke.

Heather Croft:

With her warm up and new bathers Heather was top scoring female on the day and set 2 new club records in both the 50m backstroke and 25m breaststroke. With this swag of points Heather moves up into 4th place in the ladies and can possible take out 3rd or second place in the next 2 rounds.

Ross:

Ross has recovered well from his surgery last year and is now consistently getting PB's including 2 this round in both the 100m backstroke and 25m freestyle. Ross was equal top point's scorer on the day with Stan bagging a total 14 points and now just a couple of points away from the top 3 males.

Colin:

Colin again attempted the 100 individual medley and this time completed the swim without getting busted and setting himself a PB. Colin also set a new club record in the 25m butterfly.

Graham Hicks:

Graham swum 2 PB's in the 100m backstroke and 25m breaststroke and whilst doing so set a new club record in the 100m backstroke. Still just 3 points of first place Graham has a good chance of taking out top place in the in the men's division over the next 2 rounds.

Heather Jeps:

Swimming just a second of her personal best in all 3 of her swims she picked up a very good score of 9 points on the day. Heather only needs to turn up over the next 2 rounds to take out the converted towel and top place in the ladies division. Well done and congratulation Heather.

Yvonne Lovegrove:

Not feeling well that morning Yvonne was not going to swim, but with a little chat and a bit of twisting of her arm she swum all 3 events within 5% of her best ever times and scoring a well-deserved 6 points. Yvonne still holds onto 3rd place in the ladies in the ladies division. Yvonne is off the have a new knee sometime this month and will probably miss the next round but may be back for the final round at Armadale. We wish you well and quick recovery Yvonne from your operation.

Chris:

Chris is getting back to his old self again after a long break from the pool scoring a good 13 points and swimming a PB in the 25m freestyle event.

Tim:

Tim continues to improve and with a little help from his wetsuit swum a PB in his 25m backstroke.

Mary:

Mary lowered her existing club record in the 50m backstroke event and with a total score of 9 points on the day holds on to 2nd place in the ladies division.

Jeff:

I was happy with all my swims and managing to stay just ahead of Graham Hicks. I will have to think carefully with what strokes I swim in the last 2 rounds to try and hold on to that first spot.

Bill:

Last but not least is Big Bill as he has become to be known. Bill swum a PB in the 25m freestyle and scored a reasonable 8 points which now puts him in front of his arch rival Fettes.

As mentioned above Heather Jeps can only loose first place in the female division if she does not swim the next 2 rounds. However second and third place is still up for grabs especially with holiday trips and operations coming up. In the men's any one of the top 5 can still win the towel.

Well done everyone, and look forward to seeing you all again on the 5th of October where we will be again swimming the gruelling 200m choice and 25m choice. This will be our last round at the Leisureplex this year before we head back to Armadale for the last and final round on the 2nd of November.

JEFF