

We had 12 swimmers take part in Round 4 of the Club Championships for the first time for the year at our short course winter training venue, Cannington Leisureplex. The event provided three distances for the swim of choice, 100m, 50m and the 25m sprint.

Once again we had a good mix of strokes being swum with butterfly suddenly becoming even more popular with 5 swimmers including it in their choice of three. There were many notable performances on the day including 3 swimmers who produced personal best swims; Heather Jeps in all 3 swims, 100m free, 50m breast and the 25m backstroke dash!... Mary blitzed her 50m backstroke and a welcome return by Tim in his 50m breaststroke.

Well done to everyone who swam on the day. Our next round of the club champs will be on Saturday 7th of June at Cannington Leisureplex. Look forward to another good turnout of swimmers and more pb's being set.

Cap'n Col.