

Another great turnout of 15 swimmers for round 6 of the Club Championship series on Saturday 6th August which included potential new member Mandeep who swam two events. It was the 3 event format with a 100m, 50m and 25m choice of strokes. Once again there was a good mix of strokes swum with special mention of president Rossco and the treasurer Hans belting out 100 IM's in fine style!

Rowie finished on top of the points table for the day with a maximum 15 points from her three swims, which included pb's in her 100m backstroke, 50m backstroke and 25m backstroke and setting new club records for the 30-34 Age Group in her 25m backstroke and 100m backstroke, go Rowie! Fettes finished second on points and set a new club record in the 65-69 Age Group for his 50m backstroke. Also recording pb's were Pamela for her 100m free and Colin for his 50m free and also setting a new club record in the 45-49 Age Group for the 50m free.

Great swimming everyone and good to see the continual improvement in times with pb's and club records, reward for effort!

Please see the website for all the reports.

<http://armadalemastersswimmingclub.com/events/pool-event-results/>

And it looks like we might need to run a "Timekeeping and Recording 101" refresher course before the next club champ event ☺. Please take the time to check that the correct stroke, distance and three times (if possible) are recorded for each swim. Thank you!

Look forward to seeing you all back for round 5 on Saturday 3rd September.

Cheers.

Cap'n Col.