

Armadale Masters Swimming**Individual Meet Results****Armadale Aerobics 2011 26-Jul-11 [Ageup: 31/12/2011] SC Meters****Location: Saint Brigid's College****Armadale Masters Swimming [WAM]**

Time	F/P/S	Event	Place	Points	Improv
Cappadona, Katja (51) F					
9:42.45S	F # 1	Mixed 50-54 400 Free	---	---	-58.38
9:42.07S	F # 3	Mixed 50-54 400 Breast	---	---	-12.35
Caruso, Gillian (43) F					
6:40.88S	F # 1	Mixed 40-44 400 Free	---	---	3.72
14:17.17S	F # 5	Mixed 40-44 800 Back	---	---	9.80
Cragg, Graham (57) M					
6:13.83S	F # 1	Mixed 55-59 400 Free	---	---	19.23
6:39.55S	F # 3	Mixed 55-59 400 Breast	---	---	4.46
Cragg, Linda (55) F					
8:41.80S	F # 3	Mixed 55-59 400 Breast	---	---	-0.09
Croft, Charles (61) M					
8:11.47S	F # 3	Mixed 60-64 400 Breast	---	---	10.57
14:37.02S	F # 4	Mixed 60-64 800 Free	---	---	23.88
Croft, Heather (59) F					
8:47.45S	F # 1	Mixed 55-59 400 Free	---	---	30.00
9:59.29S	F # 3	Mixed 55-59 400 Breast	---	---	5.31
Doherty, Ross (54) M					
14:54.69S	F # 4	Mixed 50-54 800 Free	---	---	18.81
Dunn, Liz (63) F					
8:03.70S	F # 1	Mixed 60-64 400 Free	---	---	21.42
Gibson, Colin (44) M					
7:20.66S	F # 1	Mixed 40-44 400 Free	---	---	0.53
15:32.71S	F # 4	Mixed 40-44 800 Free	---	---	---
Hicks, Graham (59) M					
7:47.41S	F # 2	Mixed 55-59 400 Back	---	---	12.13
8:40.56S	F # 3	Mixed 55-59 400 Breast	---	---	16.59
Sanders, Jeff (55) M					
7:28.72S	F # 1	Mixed 55-59 400 Free	---	---	-8.07
8:55.88S	F # 2	Mixed 55-59 400 Back	---	---	-3.51
10:30.86S	F # 3	Mixed 55-59 400 Breast	---	---	-1.91