

**Armadale Masters Swimming****Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 40-44 800 Breast**

18:05.82	Zita Badger at Armadale Aerobics 2012	20/12/2012	WAM
17:52.65 **	Zita Badger at Amadale Aerobic s 2013	14/02/2013	WAM

**Female 45-49 400 Free**

10:00.00	Kimberley Flatt at Armadale Virtual Aerobics 2011	26/02/2011	WAM
7:00.08 **	Gillian Caruso at Amadale Aero bics 2013	14/02/2013	WAM

**Female 45-49 800 Back**

15:19.38	Gillian Caruso at Armadale Aerobics 2013	10/01/2013	WAM
15:12.48 **	Gillian Caruso at Amadale Aero bics 2013	14/02/2013	WAM

**Male 18-24 400 Free**

8:00.00	Vacant	1/02/2013	WAM
7:41.05 **	Xavier Hardy at Amadale Aerobi cs 2013	14/02/2013	WAM

**Male 18-24 400 Breast**

8:30.00	Vacant	1/02/2013	WAM
8:15.22 **	Xavier Hardy at Amadale Aerobi cs 2013	14/02/2013	WAM

**Male 55-59 800 Free**

13:05.01	Graham Cragg at Armadale Virtual Aerobics 2011	26/02/2011	WAM
12:59.58 **	Gregory Frey at Amadale Aerobi cs 2013	14/02/2013	WAM