

**Armadale Masters Swimming****Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 40-44 400 Back**

7:17.60	Gillian Caruso at Armadale Aerobics 2012	15/11/2012	WAM
7:11.89 **	Gillian Caruso at Armadale Aerobics 2013	26/02/2013	WAM

**Female 65-69 800 Free**

20:00.85	Maria Plant at Armadale Aerobics 2012	20/12/2012	WAM
19:53.00 **	Maria Plant at Armadale Aerobics 2013	26/02/2013	WAM

**Male 35-39 400 Free**

8:00.00	Vacant	1/02/2013	WAM
7:33.81 **	Nigel Chaytor at Armadale Aerobics 2013	26/02/2013	WAM

**Male 35-39 400 Breast**

9:00.00	Vacant	1/02/2013	WAM
8:33.85 **	Nigel Chaytor at Armadale Aerobics 2013	26/02/2013	WAM

**Male 50-54 400 Free**

6:19.53	Gregory Frey at Armadale Aerobics 2012	20/12/2012	WAM
6:13.54 **	Gregory Frey at Armadale Aerobics 2013	26/02/2013	WAM

**Male 60-64 400 Back**

8:24.11	Graham Hicks at Armadale Aerobics 2012	18/02/2012	WAM
8:18.00 **	Graham Hicks at Armadale Aerobics 2013	26/02/2013	WAM