

Armadale Masters Swimming**Individual Records Report for Armadale-S**

Armadale Masters Swimming [WAM] Coach: Heather Croft

Female 45-49 800 Breast

18:16.43	Gillian Caruso at Armadale Aerobics 2013	30/07/2013	WAM
17:42.61 **	Gillian Caruso at Armadale Aerobics 2014	13/05/2014	WAM

Male 50-54 800 Breast

18:30.00	Vacant	1/05/2014	WAM
18:08.26 **	Chris Millard at Armadale Aerobics 2014	13/05/2014	WAM

Male 60-64 800 Free

13:27.50	Graham Hicks at Armadale Aerobics 2012	25/09/2012	WAM
13:25.22 **	Graham Cragg at Armadale Aerobics 2014	13/05/2014	WAM

Male 60-64 400 Breast

8:03.96	Charles Croft at Armadale Aerobics 2011	30/08/2011	WAM
7:09.49 **	Graham Cragg at Armadale Aerobics 2014	13/05/2014	WAM