

Armadale Masters Swimming**Individual Meet Results - Personal Bests Only****Armadale Aerobics 2014 13-Nov-14 [Ageup: 31/12/2014] LC Meters****Location: Armadale Aquatic Centre****Armadale Masters Swimming [WAM] Coach: Heather Croft**

Time	F/P/S	Event	Place	Points	Improv
Bishop, Derek (51) M					
8:49.83L	F # 1	Mixed 50-54 400 Breast	---	5	-4.02
14:34.72L	F # 3	Mixed 50-54 800 Free	---	10	-41.13