

Armadale Masters Swimming**Individual Records Report for Armadale-L**

Armadale Masters Swimming [WAM] Coach: Heather Croft

Female 25-29 400 Free

7:00.00	Vacant	1/01/2015	WAM
6:49.34 **	Louisa Cockram at Armadale Aerobics 2015	8/01/2015	WAM

Female 25-29 400 Breast

9:00.00	Vacant	1/01/2015	WAM
8:44.30 **	Louisa Cockram at Armadale Aerobics 2015	8/01/2015	WAM

Female 65-69 400 Breast

11:38.65	Maria Plant at Armadale Virtual Aerobics 2012	25/02/2012	WAM
10:35.48 **	Pamela Pearson at Armadale Aerobics 2015	8/01/2015	WAM

Male 60-64 800 Free

13:53.58	Graham Hicks at Armadale Aerobics 2012	29/04/2012	WAM
13:45.22 **	Graham Cragg at Armadale Aerobics 2015	8/01/2015	WAM