

**Armadale Masters Swimming****Individual Records Report for Armadale-L**

Armadale Masters Swimming [WAM] Coach: Heather Croft

**Female 45-49 800 Free**

14:01.53	Gillian Caruso at Armadale Aerobics 2013	26/02/2013	WAM
13:58.60 **	Gillian Caruso at Armadale Aerobics 2015	24/02/2015	WAM

**Female 60-64 800 Breast**

20:00.00	Vacant	1/02/2015	WAM
19:39.18 **	Pauline Southall at Armadale Aerobics 2015	24/02/2015	WAM

**Male 60-64 800 Free**

13:45.22	Graham Cragg at Armadale Aerobics 2015	8/01/2015	WAM
13:40.45 **	Graham Cragg at Armadale Aerobics 2015	24/02/2015	WAM

**Male 60-64 400 Breast**

7:25.06	Graham Cragg at Armadale Virtual Rottnest Aerobic 2014	22/02/2014	WAM
7:12.39 **	Graham Cragg at Armadale Aerobics 2015	24/02/2015	WAM