

Armadale Masters Swimming**Individual Records Report for Armadale-L**

Armadale Masters Swimming [WAM] Coach: Heather Croft

Female 45-49 1500 Free

28:01.19	Gillian Caruso at Armadale Aerobics 2013	27/01/2013	WAM
26:41.39 **	Gillian Caruso at Armadale Aerobics 2015	22/03/2015	WAM

Male 65-69 800 Free

15:18.75	Fettes Falconer at Armadale Aerobics 2012	27/11/2012	WAM
14:37.80 **	Charles Croft at Armadale Aerobics 2015	22/03/2015	WAM

Male 65-69 400 Breast

10:29.10	Hans Vosbergen at Armadale Aerobics 2013	28/11/2013	WAM
8:26.24 **	Charles Croft at Armadale Aerobics 2015	22/03/2015	WAM