

Armadale Masters Swimming**Individual Records Report for Armadale-S****Armadale Masters Swimming [WAM] Coach: Heather Croft****Female 30-34 200 Breast**

3:17.36	Rowena Burch at 40th MSA National Championships 2015	8/04/2015	WAM
3:17.04 **	Rowena Burch at MSTAS Short Course Winter Championships	22/08/2015	WAM

Female 30-34 200 IM

3:02.69	Rowena Burch at 40th MSA National Championships 2015	8/04/2015	WAM
3:00.58 **	Rowena Burch at MSTAS Short Course Winter Championships	22/08/2015	WAM