

Armadale Masters Swimming**Individual Meet Results - Personal Bests Only****Armadale Aerobics 2015 08-Oct-15 [Ageup: 31/12/2015] SC Meters****Location: Cannington Leisureplex****Armadale Masters Swimming [WAM] Coach: Heather Croft**

Time	F/P/S	Event	Place	Points	Improv
Sanders, Jeffrey (59) M 9:08.15S	F # 4	Mixed 55-59 400 IM	---	3	-12.61
Toop, Vanessa (37) F 8:46.81S	F # 4	Mixed 35-39 400 IM	---	3	-18.52