

Armadale Masters Swimming**Individual Meet Results - Personal Bests Only****Armadale Aerobics 2015 20-Oct-15 [Ageup: 31/12/2015] LC Meters****Location: Armadale Aquatic Centre****Armadale Masters Swimming [WAM] Coach: Heather Croft**

Time	F/P/S	Event	Place	Points	Improv
Gibson, Colin (48) M 11:26.35L	F # 3	Mixed 45-49 400 Breast	---	2	-8.02
Toop, Vanessa (37) F 7:53.16L	F # 1	Mixed 35-39 400 Free	---	3	-8.95