

Armadale Masters Swimming**Individual Records Report for Armadale-L**

Armadale Masters Swimming [WAM] Coach: Heather Croft

Female 30-34 800 Breast

15:28.02	Rowena Burch at Armadale Aerobics 2015	15/11/2015	WAM
15:21.03 **	Rowena Burch at Armadale Endurance 2016	7/04/2016	WAM

Male 45-49 400 Free

7:31.64	Colin Gibson at Armadale Endurance 2016	11/02/2016	WAM
7:17.84 **	Colin Gibson at Armadale Endurance 2016	7/04/2016	WAM

Male 45-49 800 Free

15:16.36	Colin Gibson at Armadale Aerobics 2014	6/03/2014	WAM
15:12.45 **	Colin Gibson at Armadale Endurance 2016	7/04/2016	WAM