

Armadale Masters Swimming**Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 45-49 1500 Free**

26:41.39	Gillian Caruso at Armadale Aerobics 2015	22/03/2015	WAM
26:25.97 **	Gillian Caruso at Armadale Endurance 2017	6/04/2017	WAM

Female 65-69 400 Back

10:19.99	Heather Croft at Armadale Endurance 1000	28/02/2017	WAM
10:19.93 **	Heather Croft at Armadale Endurance 2017	6/04/2017	WAM