

Armadale Masters Swimming

Individual Records Report for Armadale-S**Armadale Masters Swimming [WAM]****Female 25-29 400 Free**

6:34.10	Louisa Cockram at Armadale Aerobics 2014	29/04/2014	WAM
6:04.21 **	Nichola Jones at Armadale Endurance 2019	26/02/2019	WAM

Female 25-29 800 Free

16:13.89	Jacqueline Briggs at Armadale Endurance 2018	23/01/2018	WAM
12:05.62 **	Nichola Jones at Armadale Endurance 2019	26/02/2019	WAM