

**Armadale Masters Swimming**

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**Individual Records Report for Armadale-S****Armadale Masters Swimming [WAM]****Female 50-54 400 Free**

6:45.51	Gillian Caruso at Armadale Endurance 2018	8/11/2018	WAM
6:43.02 **	Gillian Caruso at Armadale Endurance 2019	7/03/2019	WAM