

Armadale Masters Swimming**Individual Records Report for Armadale-S****Armadale Masters Swimming [WAM]****Female 30-34 800 Back**

13:59.37	Rowena Burch at Armadale Aerobics 2015	22/09/2015	WAM
12:38.29 **	Alexandra Holt at Armadale Endurance SC 2019	19/09/2019	WAM

Female 30-34 400 Breast

6:57.17	Rowena Burch at Masters Meet WMV 400-800-1500m Short course	27/08/2016	WAM
6:42.70 **	Alexandra Holt at Armadale Endurance SC 2019	19/09/2019	WAM

Male 30-34 400 Free

6:30.00	Vacant	1/09/2019	WAM
6:27.75 **	Shane Matthews at Armadale Endurance SC 2019	19/09/2019	WAM

Male 30-34 800 Free

13:30.00	Vacant	1/09/2019	WAM
13:19.69 **	Shane Matthews at Armadale Endurance SC 2019	19/09/2019	WAM