

Armadale Masters Swimming**Individual Meet Results****Armadale Endurance LC 2019 21-Nov-19 [Ageup: 31/12/2019] LC Meters****Location: AFAC****Armadale Masters Swimming [WAM]**

Time	F/P/S	Event	Place	Points	Improv
Holt, Alexandra (32) F					
6:46.93L	F # 3	Female 30-34 400 Breast	---	5	---
11:36.63L	F # 4	Female 30-34 800 Free	---	10	---
Metcalfe, Natalie (42) F					
9:43.10L	F # 1	Female 40-44 400 Free	---	2	---