

**Armadale Masters Swimming****Individual Records Report for Armadale-S****Armadale Masters Swimming [WAM]****Female 25-29 400 Back**

9:00.00	Vacant	1/09/2020	WAM
8:29.84 **	Jacqueline Briggs at Armadale Endurance SC 2020	17/09/2020	WAM

**Female 30-34 800 Free**

11:28.29	Rowena Burch at 40th MSA National Championships 2015	8/04/2015	WAM
11:18.93 **	Alexandra Holt at Armadale Endurance SC 2020	17/09/2020	WAM

**Female 30-34 400 Back**

6:42.11	Rowena Burch at Thornlie Masters 400m 800m meet	7/05/2017	WAM
6:05.42 **	Alexandra Holt at Armadale Endurance SC 2020	17/09/2020	WAM

**Female 50-54 400 Free**

6:43.02	Gillian Caruso at Armadale Endurance 2019	7/03/2019	WAM
6:39.80 **	Gillian Caruso at Armadale Endurance SC 2020	17/09/2020	WAM

**Female 55-59 400 Back**

8:56.19	Pauline Southall at Armadale Aerobics 2014	9/10/2014	WAM
8:30.27 **	Adele Chapman at Armadale Endurance SC 2020	17/09/2020	WAM

**Female 70-74 800 Back**

23:00.00	Vacant	1/09/2020	WAM
22:26.15 **	Pamela Pearson at Armadale Endurance SC 2020	17/09/2020	WAM

**Male 70-74 400 IM**

8:30.00	Vacant	1/09/2020	WAM
8:21.26 **	Charles Croft at Armadale Endurance SC 2020	17/09/2020	WAM