

Armadale Masters Swimming**Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 50-54 400 Free**

6:59.14	Heather Adams at XII FINA WORLD MASTERS 2008	17/04/2008	WAM
6:54.72 **	Gillian Caruso at Armadale Endurance LC 2020	1/10/2020	WAM

Female 50-54 800 Free

17:53.16	Anne O'Mara at Armadale Aerobics 2009	11/04/2009	WAM
14:05.17 **	Gillian Caruso at Armadale Endurance LC 2020	1/10/2020	WAM

Male 70-74 1500 Back

35:00.00	Vacant	1/10/2020	WAM
34:15.02 **	Charles Croft at Armadale Endurance LC 2020	1/10/2020	WAM

Male 70-74 400 Breast

8:40.74	Charles Croft at Armadale Endurance LC 2020	1/09/2020	WAM
8:32.70 **	Charles Croft at Armadale Endurance LC 2020	1/10/2020	WAM

Male 70-74 1500 Breast

35:00.00	Vacant	1/10/2020	WAM
34:46.07 **	Charles Croft at Armadale Endurance LC 2020	1/10/2020	WAM