

Armadale Masters Swimming**Individual Meet Results - Personal Bests Only****Leeming LiveLighter 400-800m Event 20-Sep-20 [Ageup: 31/12/2020] SC Meters****Location: ARC Cockburn****Armadale Masters Swimming [WAM]**

Time	F/P/S	Event	Place	Points	Improv
Holt, Alexandra (33) F					
6:04.45S	F # 2	Mixed 30-34 400 Back	---	---	-0.97
6:22.72S	F # 5	Mixed 30-34 400 IM	---	5	-27.30
12:18.62S	F # 7	Mixed 30-34 800 Back	---	10	-19.67