

**Armadale Masters Swimming**

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**Individual Records Report for Armadale-S****Armadale Masters Swimming [WAM]****Female 30-34 400 Back**

6:05.42	Alexandra Holt at Armadale Endurance SC 2020	17/09/2020	WAM
6:04.45 **	Alexandra Holt at Leeming Live Lighter 400-800m Event	20/09/2020	WAM

**Female 30-34 800 Back**

12:38.29	Alexandra Holt at Armadale Endurance SC 2019	19/09/2019	WAM
12:18.62 **	Alexandra Holt at Leeming Live Lighter 400-800m Event	20/09/2020	WAM