



## Armadale Masters Swimming Club

### Club Championships Round 6, 2020

We had 20 members roll up on a cool and beautiful sunny morning but only 15 swimmers were willing to take on the gruelling 200m followed by a 50m sprint.

#### **Points Scored:**

Gillian was our top point's scorer on the day with 8 points followed by Daniel on 7 points.

#### **PB's:**

2 PB's swum on the day by Pamela and Daniel.

**Pamela** lowered her existing 200m freestyle time by 2.56 seconds.

**Daniel** improved on her 50m freestyle time by 2.4 seconds.

#### **Club Records:**

It's been a good year for new club records and another 7 were lowered and 1 new club record set.

The ladies in the club are on form at the moment and are lowering many existing club records and by some quite large margins. Time to step up gents.

**Lexie.** Saved all her energy by not swimming the 200m and set a new club record in the 50m freestyle.

**Julie** adding yet another club record to her list – This time lowering the 50m butterfly in her age group by more than 15 seconds. Nice one Julie!

**Alex** also adding another club record to her ever growing list – This time gaining the 200m IM club record.

**Sarah Carr** First time I have ever seen Sarah swim and what beautiful swim strokes she has. Sarah annihilated the existing 200m backstroke record by 53 seconds and also lowered the existing 50m breaststroke record by 11 seconds. Well done Sarah!

**Gillian** lowered her existing 200m backstroke record by 5 seconds. Go Jill!

**Adele** set a new record in the 50m backstroke beating the old time by nearly 12 seconds. Well done Adele!

**Pamela** lowered the existing club record in the 50m backstroke by more than 4 seconds. Nice one Pamela.

A big thank you to Rose for doing the starting duties and Lexie for preparing all the entry sheets and helping out with the timing.

Jeff