

Armadale Masters Swimming**Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 35-39 400 Back**

8:50.90	Vanessa Toop at Armadale Aerobics 2015	12/11/2015	WAM
6:40.97 **	Sarah Carr at Armadale Endurance LC January 2021	1/01/2021	WAM

Female 35-39 800 Back

18:46.98	Rowena Burch at Armadale Endurance 2019	4/04/2019	WAM
16:12.83 **	Rowena Burch at Armadale Endurance LC January 2021	1/01/2021	WAM

Female 35-39 800 Breast

17:49.45	Michelle Hollamby at Armadale Aerobics 2009	11/04/2009	WAM
15:37.21 **	Sarah Carr at Armadale Endurance LC January 2021	1/01/2021	WAM

Female 35-39 400 IM

9:06.82	Rowena Burch at Armadale Endurance 2019	4/04/2019	WAM
7:02.57 **	Sarah Carr at Armadale Endurance LC January 2021	1/01/2021	WAM

Female 65-69 400 Free

8:29.34	Heather Croft at Armadale Endurance 2018	30/04/2018	WAM
8:26.09 **	Heather Croft at Armadale Endurance LC January 2021	1/01/2021	WAM

Female 70-74 400 Back

11:07.29	Pamela Pearson at Armadale Endurance LC 2000	16/10/2020	WAM
10:42.43 **	Pamela Pearson at Armadale Endurance LC January 2021	1/01/2021	WAM