

Armadale Masters Swimming

Individual Records Report for Armadale-S**Armadale Masters Swimming [WAM]****Female 35-39 400 Back**

8:12.22	Vanessa Toop at Armadale Endurance 2016	11/08/2016	WAM
6:24.92 **	Sarah Carr at Armadale Endurance SC August 2021	1/08/2021	WAM

Female 35-39 400 IM

8:22.00	Rowena Burch at Armadale Endurance 2019	7/02/2019	WAM
6:37.11 **	Sarah Carr at Armadale Endurance SC August 2021	1/08/2021	WAM