



ARMADALE MASTERS SWIMMING

CLUB NEWSLETTER

OCTOBER 2021

CLUB CONTACTS

President Colin Gibson 0447 143 881

Club Captain Rowena Burch 0415 192 373

Secretary Liz Dunn 0414 939 794

Treasurer Hans Vosbergen 0439 998 564

Head Coach/Coordinator

Jacky Briggs 0413 322 070

CAPTAINS REPORT

AMSC 2021 Club Championships Round 5 – 2 October 2021 October saw a return to long course (50m) racing in the outdoor pool. The weather was particularly encouraging, while the sun occasionally made an appearance, the wind had a certain chill to it... nine swimmers braved the conditions on the day.

For those who don't know, the Club Championships is not about being the fastest swimmer in the club – or even your age group. Points are awarded based on how well you swam that day in comparison to your previous times (both personal best and previous year) for that stroke and distance. It is a friendly competition rewarding consistency, effort and having a go.

Two events were on offer – 200m and 50 choice. Jennifer Findlay and Gillian Caruso were top point scorers on the day with 7 points each, followed by Tegan Engler and Mary Plant on 5. Tegan Engler set the only PB on the day in her 50m Freestyle. Well done Tegan!

Performance of the day goes to young club stalwart Graham Hicks as he was seen to do breaststroke for both events, with some very nice breakouts to boot. Those in attendance on pool deck were stunned.

In the men's competition, Graham Hicks has increased his lead by 2 points to 46 points, followed by Colin Gibson on 25 and Fettes Falconer on 24 in third.

Things are much closer in the women's competition, with Pamela Pearson retaining the lead on 38 points, with Sue Sullivan retaining second on 37 and Gillian moving up in to third on 34. Who will reign supreme and lift the trophy at presentation night? Stay tuned... The last round of Club Championships is scheduled for Saturday 6 November 2021.

Captain Rowie

14th November Lake Leschenaultia Open Water Swim, All details and entries via

<https://www.wowswims.com.au/events-1>



Tegan on her last lap of club champs



Gillian and Hans hi five at the end of their club champs
Thank you Tegan for the photo's.

MEMBER NEWS

IMPORTANT NEWS

SATURDAY 27TH NOVEMBER AT 11am THERE WILL BE A SPECIAL MEETING IN THE CLUB MEETING ROOM

COACHING

Coaching is a great way to give back to the club and pass on your experience and knowledge. If you are interested in becoming a coach, please contact our Head Coach Jacky or talk to any of the coaches on pool deck.

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ARMADALE MASTERS SWIM CLUB PRESENTATION DINNER

VENUE Roleystone Club Wygonda Road Roleystone.

DATE Saturday 11th December (please put this date in your calendar)

TIME 6.30pm

It will be a 3 course dinner. Bruschetta, then a choice of 2 mains and 2 deserts plus a vegetarian option. Drinks can be purchased at the bar.

Raffle and trophy presentation will take place during the evening.

Further details and cost will be emailed to all members over the next two weeks.

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SPECIAL TRAINING Thursday 4th of November.

Thursday evening the 4th of November we have Masters Swimming WA's Swimmer Development Officer Kareena Preston coming to our training session to help us improve on our starts and dives. This is for everyone, whether you can dive or not. Hope to see you all there.

Jeff

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IMPORTANT ---- YOUR HELP IS NEEDED ----- FOR OUR ANNUAL SAUSAGE SIZZLE

Annual club major fundraising even – Bunnings Sausage sizzle at the Armadale Bunnings Store on **Saturday 20th November**. Please put this date in your diaries and be ready when the call goes out for volunteers from the BBQ Captain.

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NEW TROPHY CABINET

The new Trophy Cabinet being admired by Fettes, Colin and Hans



THE OLD CABINET

The old cabinet has been stored in the shed at the home of Yvonne Lovegrove, this is now being offered to anyone in the club who would like to have it. Contact Yvonne on 0431324885



FIRST OPEN WATER SWIM OF THE SEASON

The North Cottesloe Cold Water Classic is one of the first open water swim events of the year, raising money for the Leukaemia Foundation.

We are very proud of Tegan and Renee who completed the 1.6km course.

Conditions were not favourable, strong southerly currents and a choppy swell.

They are very pleased with their efforts.



Tegan and Renee



Swimming conditions were very cold and choppy

NOVEMBER BIRTHDAYS

Wishing you all a very happy birthday celebration. Enjoy your day.

Peter Daniels November 1st - Sarah Curran-Ragan November 3rd - Nicole Badani November 9th

This is our club members newsletter and if you have anything you would like to share with us please contact the editor Yvonne Lovegrove