

**Armadale Masters Swimming****Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 30-34 800 IM**

13:39.37	Rowena Burch at Armadale Aerobics 2015	10/12/2015	WAM
13:26.37 **	Alexandra Holt at Armadale Endurance LC October 2021	1/10/2021	WAM

**Female 35-39 800 Free**

13:00.64	Sarah Carr at Armadale Endurance LC August 2021	1/08/2021	WAM
12:31.91 **	Sarah Carr at Armadale Endurance LC October 2021	1/10/2021	WAM

**Female 35-39 400 Back**

6:40.44	Sarah Carr at Armadale Endurance LC EMERALDS July 2021	1/07/2021	WAM
6:32.84 **	Sarah Carr at Armadale Endurance LC October 2021	1/10/2021	WAM