

Armadale Masters Swimming Club

Club Calendar JANUARY 2022



DATE	DAY	ACTIVITY / EVENT	Coach/ Organiser	Venue/ pool
1 st	Saturday	No Training		
3 rd	Monday	No Training		
4 th	Tuesday	Squad Training (6.30pm-7.30pm)	Derek	50m pool
5 th	Wednesday	Squad Training (5.30am-7.00am)	Jeff	50m pool
6 th	Thursday	Squad Training (6.30pm-7.30pm)	Fettes	50m pool
8 th	Saturday	Squad Training (9.00am-10.0am)	Alex	50m pool
10 th	Monday	Squad Training (5.30am-7.00am)	Jeff	50m pool
11 th	Tuesday	Squad Training (6.30pm-7.30pm) MSWA: Butterfly Basics	Kareena/ Jeff	50m pool
12 th	Wednesday	Squad Training (5.30am-7.00am)	Jeff	50m pool
13 th	Thursday	Squad Training (6.30pm-7.30pm) Endurance Swims	Heather	50m pool
15 th	Saturday	Squad Training (9.00am-10.0am)	Colin	50m pool
16 th	Sunday	Coogee Beach Training Swim (7.45am for 8.00am start)	Colin	Coogee Beach (Café end)
17 th	Monday	Squad Training (5.30am-7.00am)	Jeff	50m pool
18 th	Tuesday	Squad Training (6.30pm-7.30pm)	Peter	50m pool
19 th	Wednesday	Squad Training (5.30am-7.00am)	Jeff	50m pool
20 th	Thursday	Squad Training (6.30pm-7.30pm)	Peter	50m pool
22 nd	Saturday	Squad Training (9.00am-10.0am)	Fettes	50m pool
23 rd	Sunday	WOW Swim #4 Perth Swim Thru	Self	Matilda Bay
24 th	Monday	Squad Training (5.30am-7.00am)	Jeff	50m pool
25 th	Tuesday	Squad Training (6.30pm-7.30pm)	Derek	50m pool
26 th	Wednesday	No Training		
27 th	Thursday	Squad Training (5.30am-7.00am)	Colin	50m pool
29 th	Saturday	Squad Training (9.00am-10.0am)	Alex	50m pool
31 st	Monday	Squad Training (5.30am-7.00am)	Jeff	50m pool