

Armadale Masters Swimming**Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 70-74 400 Free**

8:43.81	Heather Croft at Armadale Endurance LC Feruary 2022	1/02/2022	WAM
8:36.08 **	Heather Croft at Armadale Endurance LC March 2022	1/03/2022	WAM

Female 70-74 800 Free

17:54.06	Heather Croft at Armadale Endurance LC Feruary 2022	1/02/2022	WAM
16:58.59 **	Heather Croft at Armadale Endurance LC March 2022	1/03/2022	WAM

Male 70-74 400 Back

8:55.93	Charles Croft at Armadale Endurance LC Feruary 2022	1/02/2022	WAM
8:40.52 **	Charles Croft at Armadale Endurance LC March 2022	1/03/2022	WAM

Male 75-79 400 Back

11:30.00	Vacant	1/03/2022	WAM
11:18.87 **	Hans Vosbergen at Armadale Endurance LC March 2022	1/03/2022	WAM

Male 75-79 800 Back

24:00.00	Vacant	1/03/2022	WAM
23:46.85 **	Hans Vosbergen at Armadale Endurance LC March 2022	1/03/2022	WAM