

**Armadale Masters Swimming**

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**Individual Records Report for Armadale-S****Armadale Masters Swimming [WAM]****Female 70-74 400 Free**

9:18.86	Pamela Pearson at Armadale Endurance SC 2000	13/08/2020	WAM
8:42.21 **	Heather Croft at Armadale Endurance SC May 2022	1/05/2022	WAM