

Armadale Masters Swimming**Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 55-59 400 Fly**

11:03.99	Adele Chapman at Armadale Endurance EMERALDS LC September 2021	1/09/2021	WAM
10:48.08 **	Adele Chapman at Armadale Endurance EMERALDS November 2022	2/11/2022	WAM

Male 35-39 400 IM

9:10.31	Luke Ormerod at Armadale Endurance EMERALDS October 2022	3/10/2022	WAM
7:19.50 **	Shaun Williams at Armadale Endurance EMERALDS November 2022	2/11/2022	WAM