

Armadale Masters Swimming**Individual Meet Results - Personal Bests Only****Armadale Club Championships 4 2023 13-May-23 [Ageup: 31/12/2023] SC Meters****Location: AFAC****Armadale Masters Swimming [WAM]**

Time	F/P/S	Event	Place	Points	Improv
Carr, Sarah (40) F					
39.23S	F # 6	Mixed 40-44 50 Breast	---	4	-0.34
Le Flohic, Tara (56) F					
2:11.43S	F # 1	Mixed 55-59 100 Free	---	4	-1.40
1:11.09S	F # 5	Mixed 55-59 50 Back	---	5	-3.02
23.77S	F # 8	Mixed 55-59 25 Free	---	5	-0.74