

**Armadale Masters Swimming****Individual Records Report for Armadale-S****Armadale Masters Swimming [WAM]****Female 40-44 200 Back**

3:11.38	Gillian Caruso at Swan Hills BACC	4/07/2010	WAM
2:47.74 **	Sarah Carr at Armadale Club Championships 5 2023	3/06/2023	WAM

**Female 40-44 25 Breast**

22.11	Heather Jeps at Armadale Club Championships 7 2013	3/08/2013	WAM
18.30 **	Sarah Carr at Armadale Club Championships 5 2023	3/06/2023	WAM

**Female 55-59 200 Back**

6:18.18	Tara Le Flohic at Armadale Club Championships 6 2022	2/07/2022	WAM
3:43.81 **	Gillian Caruso at Armadale Club Championships 5 2023	3/06/2023	WAM

**Female 55-59 25 Fly**

24.79	Linda Cragg at Armadale Club Championships 5 2015	1/08/2015	WAM
20.77 **	Gillian Caruso at Armadale Club Championships 5 2023	3/06/2023	WAM

**Female 80-84 25 Free**

32.96	Lexie Rankin at Club Championships 4 2020	1/08/2020	WAM
31.80 **	Maria Plant at Armadale Club Championships 5 2023	3/06/2023	WAM

**Male 70-74 25 Back**

23.23	Fettes Falconer at Armadale Club Championships 6 2017	1/07/2017	WAM
21.26 **	Graham Hicks at Armadale Club Championships 5 2023	3/06/2023	WAM

**Male 75-79 25 Free**

19.71	Hans Vosbergen at Armadale Club Championships 8 2022	3/09/2022	WAM
19.31 **	Fettes Falconer at Armadale Club Championships 5 2023	3/06/2023	WAM

**Male 75-79 200 Breast**

5:00.00	Vacant	1/06/2023	WAM
4:59.75 **	Hans Vosbergen at Armadale Club Championships 5 2023	3/06/2023	WAM