

Armadale Masters Swimming**Individual Meet Results - Personal Bests Only****Armadale Endurance SC June 2023 01-Jun-23 to 30-Jun-23 [Ageup: 31/12/2023] SC Meters****Location: AFAC****Armadale Masters Swimming [WAM]**

Time	F/P/S	Event	Place	Points	Improv
Carr, Sarah (40) F					
5:56.73S	F # 1	Mixed 40-44 400 Free	---	5	-16.55
6:21.48S	F # 2	Mixed 40-44 400 Back	---	5	-3.44
7:18.59S	F # 3	Mixed 40-44 400 Breast	---	5	-5.33
7:34.49S	F # 4	Mixed 40-44 400 Fly	---	5	-27.40
Le Flohic, Tara (56) F					
10:25.59S	F # 1	Mixed 55-59 400 Free	---	2	-104.64