

# Golden Groper State Relay Carnival

29-June-2023

## Club Relay Records

The Armadale Masters team of 10 swimmers competed across ten different relays at the Golden Groper carnival. The team set three completely new club relay records, that is relays that the club had not swum before and two existing club relay records were lowered at the carnival.

The Age Groups below are a 40 year age range that the team's combined ages must fit within. So please don't pick on our 280-319 team, who can be a little sensitive about their ages.

## New Club Relay Records

### **Mixed 200m Medley**

| Time    | Age Group | Team   |
|---------|-----------|--|
| 3:08.88 | 280-319   | Liz Dunn, Sarah Curran Ragan, Charles Croft, Fettes Falconer |

### **Female 200m Free**

| Time    | Age Group | Team  |
|---------|-----------|---|
| 3:03.35 | 240-279   | Sarah Curran Ragan, Liz Dunn, Heather Croft, Sarah Carr |

### **Male 200m Free**

| Time    | Age Group | Team  |
|---------|-----------|---|
| 2:32.79 | 240-279   | Derek Bishop, Fettes Falconer, Colin Gibson, Wayne Sams-Hayes |

## Club Relay Records

### **Female 100m Medley**

| Time     | Age Group   | Team  |
|----------|-------------|---|
| 1:32.09  | 200-239     | Liz Dunn, Heather Croft, Sarah Carr, Alicia Sams-Hayes  |
| 1:32.46* | 15-Aug-2015 | Gillian Caruso, Heather Adams, Heather Jeps, Mary Plant |

### **Mixed 100m Medley**

| Time     | Age Group   | Team  |
|----------|-------------|---|
| 1:12.09  | 200-239     | Alicia Sams-Hayes, Sarah Carr, Wayne Sams-Hayes, Derek Bishop |
| 1:19.57* | 18-Aug-2013 | Graham Cragg, Heather Jeps, Ross Doherty, Linda Cragg         |

\*Previous Record.