



Armadale Masters Swimming Club

Club Calendar October 2023

DATE	DAY	ACTIVITY / EVENT	Coach Organiser	Venue
3 rd	Tuesday	Squad Training (6.30pm-7.30pm)	Peter	50m pool
5 th	Thursday	Squad Training (6.30pm-7.30pm)	Peter	50m pool
7 th	Saturday	Club Championships <u>8.30am-9.30am</u>	Rowena	50m pool
10 th	Tuesday	Squad Training (6.30pm-7.30pm)	Derek	50m pool
12 th	Thursday	Squad Training (6.30pm-7.30pm)	Derek	50m pool
14 th	Saturday	Squad Training (8.30am-9.30am)	Rowena	50m pool
17 th	Tuesday	Squad Training (6.30pm-7.30pm)	Heather	50m pool
19 th	Thursday	Endurance Swims (6.30pm-7.30pm)	Hans	50m pool
21 st	Saturday	Squad Training (8.30am-9.30am)	Nicole	50m pool
22 nd	Sunday	STADIUM SNAPPERS LONG COURSE LLCC Entries close Sunday 15 October 2023	Self	HBF Stadium
24 th	Tuesday	Squad Training (6.30pm-7.30pm)	Rowena	50m pool
26 th	Thursday	Squad Training (6.30pm-7.30pm)	Sarah	50m pool
28 th	Saturday	Squad Training (8.30am-9.30am)	Rowena	50m pool
31 st	Tuesday	Squad Training (6.30pm-7.30pm)	Charles	50m pool

