

Armadale Masters Swimming Club Club Calendar November 2023



DATE	DAY	ACTIVITY / EVENT	Coach Organiser	Venue
2 nd	Thursday	Squad Training (6.30pm-7.30pm)	Heather	50m pool
4 th	Saturday	Club Championships Round 10 Warm up 8.00am – 1 st event 8.30am 200m choice, 50m choice	Hans	50m pool
7 th	Tuesday	Squad Training (6.30pm-7.30pm)	Peter	50m pool
9 th	Thursday	Squad Training (6.30pm-7.30pm)	Peter	50m pool
11 th	Saturday	Squad Training (8.30am-9.30am)	Rowena	50m pool
12 th	Sunday	Lake Leschenaultia Open Water Swim 400m, 800m, 1600m, 3200m	Self	Lake Leschenaultia
14 th	Tuesday	Squad Training (6.30pm-7.30pm)	Rowena	50m pool
16 th	Thursday	Endurance Swims (6.30pm-7.30pm)	Hans	50m pool
18 th	Saturday	Squad Training 8.30am-9.30am	Rowena	50m pool
19 th	Sunday	Mandurah Masters Act Belong Commit Short Course Entries close 10 th November 2023	Self	Mandurah Aquatic & Rec Centre
21 st	Tuesday	Squad Training (6.30pm-7.30pm)	Nicole	50m pool
23 rd	Thursday	Squad Training (6.30pm-7.30pm)	Derek	50m pool
25 th	Saturday	Squad Training (8.30am-9.30am)	Fettes	50m pool
25 th	Saturday	Pride Swim Carnival – Long Course Entries close 31/10/2023	Self	Claremont Aquatic Cen
28 th	Tuesday	Squad Training (6.30pm-7.30m)	Charles	50m pool
30 th	Thursday	Squad Training (6.30pm-7.30m)	Sarah	50m pool

