



Armadale Masters Swimming Club

Club Calendar January 2024

DATE	DAY	ACTIVITY / EVENT	Coach Organiser	Venue
2 nd	Tuesday	Squad Training (6.30pm-7.30pm)	Derek	50m pool
4 th	Thursday	Squad Training (6.30pm-7.30pm)	Derek	50m pool
6 th	Saturday	Squad Training (8.30am-9.30am)	Rowena	50m pool
9 th	Tuesday	Squad Training (6.30pm-7.30pm)	Peter	50m pool
11 th	Thursday	Squad Training (6.30pm-7.30pm)	Peter	50m pool
13 th	Saturday	Squad Training (8.30am-9.30am)	Fettes	50m pool
16 th	Tuesday	Squad Training (6.30pm-7.30pm)	Sarah M	50m pool
18 th	Thursday	Endurance Only (6.30pm-7.30pm)	Hans	50m pool
20 th	Saturday	Squad Training (8.30am-9.30am)	Rowena	50m pool
21 st	Sunday	Swim Thru Perth 3500m, 1600m, 800m	Self	Matilda Bay
23 rd	Tuesday	Squad Training (6.30pm-7.30pm)	Heather	50m pool
25 th	Thursday	Squad Training (6.30pm-7.30pm)	Sarah Carr	50m pool
27 th	Saturday	Squad Training (8.30am-9.30am)	Fettes	50m pool
30 th	Tuesday	Squad Training (6.30pm-7.30pm)	Charles	50m pool

