



# Armadale Masters Swimming Club

## NEWSLETTER

### December 2023

## IMPORTANT INFORMATION

2024 Memberships are now available through **Swim Central**.

**The Swimming Membership fee for 12 months is \$150.39.** This amount has 3 components-

- Our Armadale Masters Swimming Club membership,
- Masters Swimming WA,
- Masters Swimming Australia.

Social membership (non-swimming) is also available for \$26.27, which includes Armadale Masters Club and Masters Swimming affiliation (insurance).

You can access **Swim Central** at [swimcentral.swimming.org.au](http://swimcentral.swimming.org.au) and log in with the details you previously created. Memberships can be added from the shopping cart (if searching, please make sure you pick Armadale Masters, and not the Armadale Kelmscott Club (which is the Swimming WA club of mostly kids!).

See you in the New Year!

Rowena (Rowena Burch). Secretary [amsc.secretary@hotmail.com](mailto:amsc.secretary@hotmail.com)

**From Masters Swimming Australia:**

We are pleased to announce that the masters swimming membership (at the end of October) has reached over 6600 members! This is an amazing achievement by all MSA Management committees, Branches, Volunteers, and members of the association. Furthermore, our membership data shows that 9% of members are between 18-30 years of age; 14% between 31-40 years of age; 17% between 41-50 years of age; 23% between 51-60 years of age; 22% between 61-70 and 15% are over 71 years of age.

**Not often does our Club get praise. Here is one:**

I would like to extend a huge thank you to Armadale Masters for their help, instruction and friendship in my first year with the club. I will renew my second club membership as soon as I can. I hope you all have an awesome Christmas with family and friends. **Heather Jaeckel**

## **Well Done Armadale Masters!**

The Armadale Masters team finished third at the Mandurah interclub meet, an outstanding result given the team's small size with only eight team members. Finishing in third place behind Mandurah Masters and Rockingham Masters is an excellent achievement and something the club has not seen for many years. Well done to Club Captain Heather Croft for putting together such a great team.

There were some tremendous individual performances with Sarah Carr and Megan Webster setting PBs in each of their five individual events. A total of ten Club Records set, with Sarah Carr setting five of them, Fettes Falconer three and one each to Megan Webster and Charles Croft.

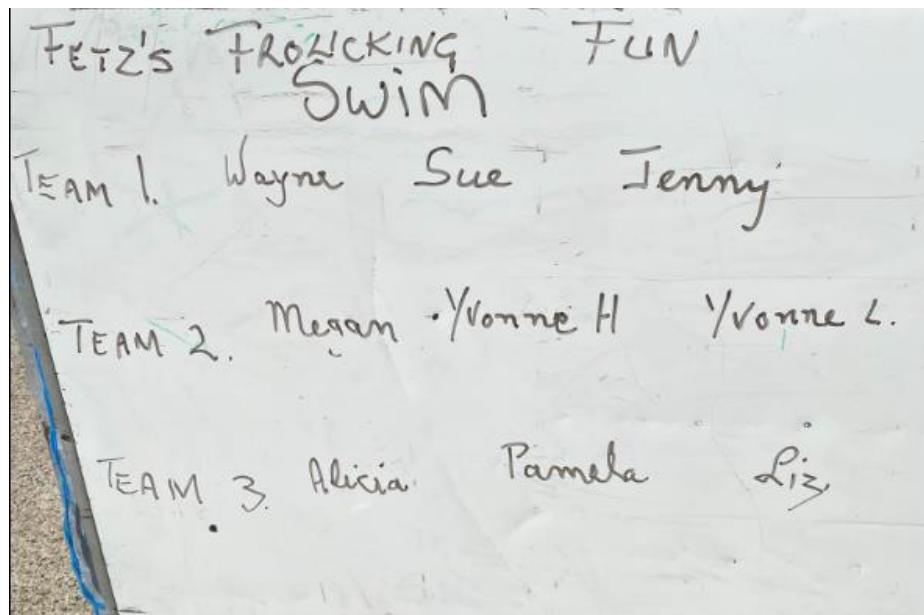
A special congratulations to Sarah Carr who set three State Records in 40-44 Short Course age group, one in the 25m Backstroke in 15.93 seconds, one in the 50m Backstroke in 33.42 seconds and one in 50m Breaststroke in 38.66 seconds but a few heats later Stacia Kirk from Claremont Masters produced a quicker time of 35.72 seconds, so Sarah's 50m Breaststroke State Record was short lived. Also, one of Sarah's previous State Records, 25m Backstroke in the 35-39 age group was beaten by Nicolai Morris from Swim West Masters. So Sarah set two, lost one and one slipped away, oh well that's swimming!

The Armadale team was nicely balanced with four females and four males which allowed for a female and male relay team. The ladies in their two relays produced times a little slower than existing Relay Club Records in the 160-199 age group. The gentlemen on the other hand set two new Relay Club Records, well done guys. Although the club has never had a male relay team in the 280-319 age group before, the relay team must have been full of old blokes!

Well done to all team members on a truly outstanding result.

Graham Hicks

## Frolicking Fun in the Sun Fotos Follow:









**Enjoy a fun-filled festive season from:**

## Your Committee

Charles Croft. President [amsc.president@hotmail.com](mailto:amsc.president@hotmail.com)

Fettes Falconer. Vice President [amsc.vicepresident@gmail.com](mailto:amsc.vicepresident@gmail.com)

Rowena Burch. Secretary [amsc.secretary@hotmail.com](mailto:amsc.secretary@hotmail.com)

Hans Vosbergen. Treasurer and Registrar [amsc.treasurer@hotmail.com](mailto:amsc.treasurer@hotmail.com)

Heather Croft. Captain and Head Coach [amsc.headcoach@gmail.com](mailto:amsc.headcoach@gmail.com)

Wayne Sams - Hayes. Committee member

Megan Webster. Committee member

Fettes Falconer. Newsletter Editor [amsc.editor@gmail.com](mailto:amsc.editor@gmail.com)