

**Armadale Masters Swimming****Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 30-34 50 Breast**

43.83	<b>Alexandra Holt at Armadale Club Championships 9 2019</b>	6/10/2019	<b>WAM</b>
43.00 **	Natalie Upson at Armadale Club Championships 1 2024	3/02/2024	<b>WAM</b>

**Female 65-69 200 Back**

9:30.00	<b>Vacant</b>	1/02/2024	<b>WAM</b>
9:22.25 **	Jennifer Findlay at Armadale Club Championships 1 2024	3/02/2024	<b>WAM</b>

**Female 75-79 200 Free**

4:38.32	<b>Elizabeth Dunn at Armadale Club Championships 1 2023</b>	4/02/2023	<b>WAM</b>
4:35.85 **	Elizabeth Dunn at Armadale Club Championships 1 2024	3/02/2024	<b>WAM</b>

**Male 50-54 50 Back**

56.77	<b>Colin Gibson at Masters Swimming WA State Championships</b>	29/04/2017	<b>WAM</b>
48.12 **	Wayne Sams-Hayes at Armadale Club Championships 1 2024	3/02/2024	<b>WAM</b>

**Male 50-54 200 Breast**

4:05.18	<b>Chris Millard at Stadium Snappers BACC 11 Sep 2011</b>	11/09/2011	<b>WAM</b>
3:38.40 **	Wayne Sams-Hayes at Armadale Club Championships 1 2024	3/02/2024	<b>WAM</b>

**Male 70-74 200 Back**

4:20.37	<b>Graham Hicks at Armadale Club Championships 3 2023</b>	1/04/2023	<b>WAM</b>
4:12.26 **	Graham Hicks at Armadale Club Championships 1 2024	3/02/2024	<b>WAM</b>

**Male 75-79 200 Free**

3:54.05	<b>Fettes Falconer at Armadale Club Championships 3 2022</b>	2/04/2022	<b>WAM</b>
3:52.52 **	Fettes Falconer at Armadale Club Championships 1 2024	3/02/2024	<b>WAM</b>