

Armadale Masters Swimming

Individual Records Report for Armadale-L**Armadale Masters Swimming [WAM]**

Female 40-44 400 Fly

7:58.89	Sarah Carr at Armadale Endurance LC October 2023	1/10/2023	WAM
7:56.82 **	Sarah Carr at Armadale Endurance LC January 2024	1/01/2024	WAM

Male 55-59 400 IM

9:30.00	Vacant	1/12/2023	WAM
9:07.00 **	Marcel Weijers at Armadale Endurance LC January 2024	1/01/2024	WAM

Male 75-79 400 Free

9:13.60	Stanley Brandwood at Armadale Aerobics 2012	21/04/2012	WAM
8:45.65 **	Fettes Falconer at Armadale Endurance LC January 2024	1/01/2024	WAM