

**Armadale Masters Swimming****Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 30-34 100 Breast**

1:31.84		Alexandra Holt at Newman Churchlands LLCC 2020	16/02/2020	WAM
1:30.01	**	Natalie Upson at Armadale Club Championships 2 2024	9/03/2024	WAM

**Female 40-44 100 Free**

1:28.72		Megan Webster at Armadale Club Championships 2 2023	11/03/2023	WAM
1:09.72	**	Sarah Carr at Armadale Club Championships 2 2024	9/03/2024	WAM

**Female 40-44 100 Fly**

2:00.00		vacant	1/03/2024	WAM
1:28.55	**	Sarah Carr at Armadale Club Championships 2 2024	9/03/2024	WAM

**Female 75-79 100 Free**

2:33.37		Maria Plant at Armadale Club Championships 2 2019	16/03/2019	WAM
2:14.82	**	Elizabeth Dunn at Armadale Club Championships 2 2024	9/03/2024	WAM

**Female 75-79 100 Back**

3:08.16		Maria Plant at Club Championships 2 2020	7/03/2020	WAM
2:58.10	**	Elizabeth Dunn at Armadale Club Championships 2 2024	9/03/2024	WAM