

Armadale Masters Swimming**Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 30-34 50 Free**

33.52	Alexandra Holt at Newman Churchlands LLCC 2020	16/02/2020	WAM
33.18 **	Natalie Upson at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Female 30-34 50 Back

41.94	Rowena Burch at Bunbury Skins 2015	5/09/2015	WAM
39.00 **	Natalie Upson at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Female 30-34 50 Breast

43.00	Natalie Upson at Armadale Club Championships 1 2024	3/02/2024	WAM
40.81 **	Natalie Upson at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Female 40-44 50 Free

31.51	Sarah Carr at Armadale Club Championships 3 2023	1/04/2023	WAM
30.81 **	Sarah Carr at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Female 40-44 50 Back

41.14	Gillian Caruso at Melville BACC 2009	5/04/2009	WAM
34.74 **	Sarah Carr at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Female 40-44 50 Breast

39.23	Sarah Carr at Masters Swimming WA State Championships	6/05/2023	WAM
39.00 **	Sarah Carr at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Female 45-49 50 Free

37.90	Gillian Caruso at Armadale Club Championships 3 2017	1/04/2017	WAM
34.59 **	Megan Webster at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Female 45-49 50 Breast

50.65	Peta Woodland at Club Championships 1 2020	1/02/2020	WAM
47.38 **	Megan Webster at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Female 70-74 50 Breast

1:09.06	Maria Plant at Melville Live Lighter Club Challenge 2016	17/04/2016	WAM
59.83 **	Heather Croft at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Female 75-79 50 Free

1:02.43	Maria Plant at Stadium Masters LLCC 2018	20/05/2018	WAM
51.87 **	Elizabeth Dunn at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Armadale Masters Swimming**Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 80-84 50 Free**

1:13.76	Lexie Rankin at Club Championships 6 2020	3/10/2020	WAM
1:09.87 **	Maria Plant at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Female 80-84 50 Back

2:00.00	Vacant	1/03/2024	WAM
1:26.12 **	Maria Plant at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Male 50-54 50 Free

32.77	Gregory Frey at Newman Churchlands BACC 2012	12/02/2012	WAM
32.21 **	Wayne Sams-Hayes at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Male 50-54 50 Back

48.12	Wayne Sams-Hayes at Armadale Club Championships 1 2024	3/02/2024	WAM
44.57 **	Wayne Sams-Hayes at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Male 50-54 50 Breast

44.91	Derek Bishop at Armadale Club Championships 8 2015	7/11/2015	WAM
41.95 **	Wayne Sams-Hayes at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM

Male 75-79 50 Free

43.12	Fettes Falconer at Armadale Club Championships 3 2023	1/04/2023	WAM
41.50 **	Fettes Falconer at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM