

**Armadale Masters Swimming****Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 40-44 1500 Back**

26:33.61	Sarah Carr at Armadale Endurance LC May 2023	1/05/2023	WAM
26:28.02 **	Sarah Carr at Armadale Endurance LC May 2024	1/05/2024	WAM

**Female 40-44 800 Fly**

17:15.15	Sarah Carr at Armadale Endurance LC March 2023	1/03/2023	WAM
16:31.17 **	Sarah Carr at Armadale Endurance LC May 2024	1/05/2024	WAM

**Female 45-49 400 Fly**

9:09.31	Megan Webster at Armadale Endurance LC April 2024	1/04/2024	WAM
8:57.15 **	Megan Webster at Armadale Endurance LC May 2024	1/05/2024	WAM

**Female 45-49 800 Fly**

18:49.81	Megan Webster at Armadale Endurance LC April 2024	1/04/2024	WAM
18:46.86 **	Megan Webster at Armadale Endurance LC May 2024	1/05/2024	WAM

**Female 45-49 800 IM**

17:16.18	Megan Webster at Armadale Endurance LC March 2024	1/03/2024	WAM
16:59.83 **	Megan Webster at Armadale Endurance LC May 2024	1/05/2024	WAM